



Information sheet for people with Cystic Fibrosis who wish to attend national meetings

All people with cystic fibrosis who wish to attend CFNZ-sponsored events should be familiar with the following facts regarding cross infection.

1. There is no method of guaranteeing 100% that you will not be exposed to life-threatening bacteria or viruses when attending CF events where other people with CF are present
2. Even though we provide for testing for Burkholderia Cepacia and MRSA, there are many other life-threatening bugs that can be caught by being in close proximity to others with CF
3. There are no laboratory tests for life-threatening bugs that are 100% accurate
4. Even with stringent handwashing, proximity rules, safe greetings etc you are still at risk of catching something that places your life or long term lung health at serious risk
5. If you do choose to attend you will be expected to:
 - a) Wear an identifying wristband or badge so that you and other PWCF can identify each other to avoid close contact
 - b) Provide a letter from your treating CF physician that is no more than one month old, and by the deadline stated in the meeting invitation, that clearly states that they do not believe you are carrying MRSA, Burkholderia Cepacia or Non-tuberculosis micobacterium and have not cultured any of these on the preceding two years
 - c) Adhere to strict handwashing/ sterilization protocols, safe disposal of tissues and proximity limits with other PWCF
 - d) Sign this document stating that you have read this document and are aware of and willing to take the risks as outlined. Signed documents must be submitted no later than three weeks prior to the conference

I have read and understood the information provided above. I understand that attending this meeting will carry potential risks for my health and I do so at my own risk.

MEETING NAME AND DATE: _____

NAME SIGNATURE DATE