

Children's Books and CDs

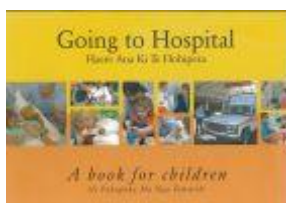


Monty

A story about Cystic Fibrosis

Meredith Bubb

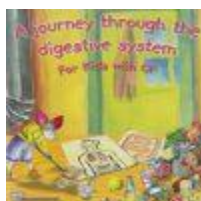
Monty is a whimsical canine, whose owner has CF. Through Monty we experience the daily routines of living with CF as well as heading off to hospital. This book deals with a number of concepts pertaining to the care and treatment of a person with CF, complete with information and suggested extensions activities for parents/caregivers.



Going to Hospital

Canterbury DHB

Going to hospital, especially for the first time, can be a bit frightening. But, once you know what may happen, it might not seem so scary! This book will help explain what you'll see, and do, in hospital and some of the people you'll meet.



CD - A journey through the digestive system

For Kids with CF

Solvay Pharmaceuticals

Interactive computer presentation for children 8-12 years, providing explanation about the digestive system and nutrition as it relates to CF.



CD - Fitting Cystic Fibrosis Into Your Life Everyday

Starbright Foundation

Interactive computer presentation on four topics: Fitting CF into your everyday life, Exploring our incredible blood, Welcome to the radiology centre, and Spotlight on IVs. Aimed at 10-15 year olds,

Designed to empower children and teens with knowledge and stimulate dialogue between children, families and healthcare professionals.



CD - Starbright Explorer Series

Starbright Foundation

As CD above but also includes topics: Sickle Cell slime-o-rama, Living with kidney disease, Uncovering the mysteries of bone marrow, and Discovering the secrets of spinal fluid.

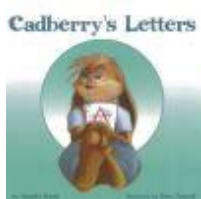


Getting Nosey with Oli & Nush - DVD

CF Trust, UK

This cartoon is aimed at children with CF aged four to eight, to help answer some of the questions they may have about Cystic Fibrosis.

Available either as DVD or to view online click on the picture above.

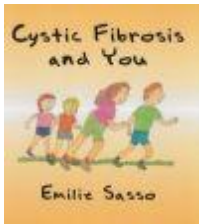


Cadberry's Letters

Jennifer Racek

Cadberry knows all of his letters. But some letters have a special meaning.

This book is aimed at the toddler to explain CF in simple language



Cystic Fibrosis and You

Emilie Sasso

This book is all about having a positive attitude in life and accomplishing your dreams.

Aimed at 7 - 10 yr olds.



The Tree House

CF Family Education Series, USA

Stories and activities with a message, aimed at 3-8 years. This book is about resting when you are not well.

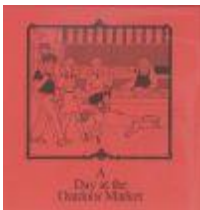


Going to David's Party &

Uncle Jack's Coming to Dinner

CF Family Education Series, USA

Stories and activities with a message, aimed at 3-8 years. This book is about remembering to take enzymes.



A Day at the Outdoor Market

CF Family Education Series, USA

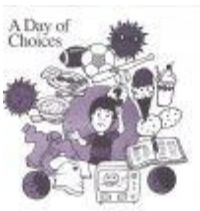
Stories and activities with a message, aimed at 3-8 years. This book is about enjoying food.



The Big Camp Out

CF Family Education Series, USA

Stories and activities with a message, aimed at 3-8 years. This book is about getting ill and needing extra treatments before a family camp out.



A Day of Choices

CF Family Education Series, USA

Stories and activities with a message, aimed at 3-8 years. This book is about helping your child understand they have choices, some easy, some hard.



My Best Friend, Jason

CF Family Education Series, USA

Stories and activities with a message, aimed at 3-8 years. This book is about a boy whose best friend has CF.

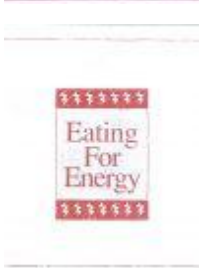


Making Choices

CF Family Education Series, USA

Stories and activities with a message, aimed at 7-12 years.

This book is about learning the skills that help us make good choices.



Eating for Energy

CF Family Education Series, USA

Stories and activities with a message, aimed at 7-12 years.

This book is about learning how our bodies process food for energy, how enzymes work and what is malabsorption.



Taking Care of My Lungs

CF Family Education Series, USA

Stories and activities with a message, aimed at 7-12 years.

This books is about learning how our lungs work, physiotherapy and infections.